



# PAPER DOLL MILITIA CERTIFICATE PROGRAM

## Overview

Choose between our Teacher Training Course as a stand-alone option OR choose the FULL CERTIFICATE track. If you complete one of our courses and decide to add the Certificate track later, you can enroll in the program a-la-carte any time within a year of completing the course.

This comprehensive certificate program is designed to elevate the standard of teaching practices in our industry. Trainees are required to log observation and assistant teaching hours and pass an assessment to show that they are applying the concepts learned in the teacher training course.

It's important to note that at this time, there is no official regulating body in the aerial arts / circus industry in the U.S. or in the UK (where Paper Doll Militia is based). So there are smaller organizations who are tackling the large job of creating and organizing standards. Paper Doll Militia's certificate program is often recognized by both studio owners and their insurance companies as it shows ongoing commitment and accountability to safe and quality aerial instruction.

## Level's 1 & 2 Certificate Costs (per level / per apparatus)

Certificate Program if purchased with Teacher Training = \$250

Certificate Program if purchased after last day of the course (a la carte) = \$300

## Personal Enrichment Module Costs (per level / per apparatus)

Variable - See below



# CERTIFICATE PROGRAM OVERVIEW

## Level 1 Certificate Requirements (75 hours)

1. 50 hours – Successful completion of a Level 1 Paper Doll Militia Teacher Training with skills assessment
2. 10 hours – Class Observation
3. 10 hours - Teaching Practice (minimum 4 lead teaching hours)
4. 2 hours -Teaching Assessment of Full Class (Lead Teaching)\*\* – 2 (60 min) classes
5. 3 hours – Written reflections and evaluations

## Level 2 Certificate Requirements (75 hours)

1. 50 hours – Successful completion of a Level 2 Paper Doll Militia Teacher Training with skills assessment
2. 10 hours – Class Observation
3. 10 hours - Teaching Practice (minimum 4 lead teaching hours)
4. 2 hours -Teaching Assessment of Full Class (Lead Teaching)\* 2 (60 min) classes
5. 3 hours – Written reflections and evaluations

\*Optional Mentorship hours (up to 4) can be added and would count towards your observation hours. Cost is not included in the certificate fee, an additional fee would be paid directly to the mentor. Mentorship fees range from \$85 to \$120 per hour.

\*\*Participants will receive feedback on their first Full Class, and will be asked to apply the feedback on the second full class (lead teaching).



# CERTIFICATE PROGRAM OVERVIEW

## Personalized Enrichment Module (50 Hours)

Once you have completed both Level 1 (75 hours) & Level 2 (75 hours) of any ONE apparatus, you will be eligible to participate in our **Personalized Enrichment Module**. Once you complete this you will receive the Paper Doll Militia **200 Hour Certificate**. The Personalized Enrichment Module are focused on individualized specialties and areas of focus.

The first step is your mentorship meeting, where you will work with your PDM mentor to customize your course. We will talk about personal teaching goals, strengths, weaknesses, and how to build your skill set to find your niche identity in the fast growing industry of aerial arts. Focus areas could include (but are not limited to) integration of creative movement, dance, or theatre; specialization in a unique skill set, advanced spotting techniques, aerial theory, circus inclusion, or line pulling. When you have completed your focus area studies we will end with a second mentorship meeting to reflect on what you have learned and dream about what is next.

1. 3 hours of one on one mentorship with Paper Doll Militia Trainer
2. 15-20 Hours of Skills Based Continued Education\*
3. 5-10 Hours of Theoretical Continued Education\* (rigging / anatomy / injury prevention etc)
4. 15 Hours of Vertical Theatre Method (Remote options available)
5. 5 hours – Written assignment, evaluations, and reflections



# CERTIFICATE PROGRAM OVERVIEW

\*Continued Education - Some students may work remotely with specialized instructors from around the world, others may choose to travel to work with master instructors, or to bring in a Paper Doll Militia instructor to your studio. Your mentor will advise and connect you with the instructors that best fit your vision of focus. It will be the student's responsibility to arrange the skills classes and travel where necessary.

## **Personalized Enrichment Module Cost**

Because of the customized nature of the Personalized Enrichment Module, the total cost of this module will be determined after the first mentorship meeting, and will be tailored to the individual's needs and budget. We estimate that the full module (including Training hours and Certificate hours) will range from \$800 - \$1,900.

## **A Note about our Transition**

As we are transitioning from our Certificate being delivered from Born to Fly to Paper Doll Militia, we will be accommodating people who have participated in both programs or whose aerial journey straddles this transition. If you have a Born to Fly Certificate, it will be honored as a part of our new system. We will work closely with you to ensure your certification process is seamless and supports your own learning.



# CERTIFICATE RENEWAL

Your Paper Doll Militia Certificate is valid for **up to 3 years** from your completion date, at which point you will need to renew the certificate.

Our renewal requirements are designed to encourage our certificate holders to stay current on the latest skills and teaching methods in the industry. We aim to make this process as seamless and affordable as possible. Once your renewal is complete your expiration **date will be updated on the website** and you will receive an **updated printable PDF certificate**. Here are your options for renewal.

<p>Option 1</p> <p><b>Cost:</b> \$200</p>	<ul style="list-style-type: none"><li>• Repeat the Teaching Assessment Process. This includes two 60 min long classes, with feedback from a PDM mentor</li><li>• Submit a current CPR and First Aid Card</li></ul>
<p>Option 2</p> <p><b>Cost:</b> See website for current Teacher Training Prices. No additional charge for your Certification Renewal</p>	<ul style="list-style-type: none"><li>• Take a Teacher Training advancing to the next level on your current apparatus</li><li>• Submit a current CPR and First Aid Card</li></ul>
<p>Option 3</p> <p><b>Cost:</b> See website for current Teacher Training Prices. No additional charge for your Certification renewal</p>	<ul style="list-style-type: none"><li>• Take a Teacher Training on a new apparatus</li><li>• Submit a current CPR and First Aid Card</li></ul>
<p>Option 4</p> <p><b>Cost:</b> \$300</p>	<ul style="list-style-type: none"><li>• 3 Paper Doll Militia Mentorship hours in the topics of your choosing</li><li>• 5 practicum hours determined by your PDM mentor</li><li>• Submit a current CPR and First Aid Card</li></ul>

## Non-Renewal

If you do not renew your certificate, you will no longer be permitted to use the Paper Doll Militia Teacher designation on any promotional materials, websites, printed materials, social media, or verbal platforms.



# LEVEL 1 & 2 REQUIREMENTS

## OBSERVATION & MENTORSHIP HOURS

You are required to complete a total of  
**10 Observation hours or Mentorship Hours** (max of 4)

### Mentorship Hours

**Mentorship hours (up to 4)** can be used towards this category. Mentorship hours are optional, and cost is not included in the certificate fee. An additional fee would be paid directly to the mentor. Mentorship fees range from \$85 to \$120 per hour.

Choose a **Paper Doll Militia Mentor** from our **Mentor List**. Most meetings will be held virtually, and you can use the time to discuss any topic or topics that you think would be helpful to you in this process.



### Observation policies

You can choose ANY movement arts class to observe, it does not need to even be an aerial class. We encourage you to find a nice balance between **aerial classes** and **non-aerial classes**. This could be yoga, martial arts, parkour, flow arts, dance, creative movement, Zumba, etc...(maximum of 5 non-aerial based classes)

We would like for you to observe in-person classes, rather than virtual classes. However, we are allowing up to 2 of the observation hours to be done virtually, if needed.



# LEVEL 1 & 2 REQUIREMENTS

## TEACHING PRACTICE HOURS

You are required to complete a total of **10 Teaching Practice Hours**. You can use a mixture of **Assistant Teaching** and **Lead Teaching** hours. You must do a minimum of **4 Lead Teaching** hours.

### Teaching Practice Policies

- Teaching assessment is best left towards the end of your certificate process. We encourage you to complete your observation and teaching practice hours before submitting your first assessment class.
- You must complete your teaching hours in the apparatus and level of your certificate
- You can use up to 2 of your teaching practice hours with virtual classes
- Whether or not you are paid for your assisting hours will not affect your certificate requirements
- If you are already teaching, you are welcome to count your current classes towards your teaching practice hours
- Private lessons or small group lessons will be accepted as teaching hours





# LEVEL 1 & 2 REQUIREMENTS

## TEACHING ASSESSMENT

The final step of the Certificate is to submit a video of you teaching a **full 60 min class**. You will receive feedback from one of our PDM mentors. Take time to implement your feedback into your classes, and then submit a **second video** for final review.



### Teaching Assessment Policies

- You must complete your teaching assessment class in the apparatus and level of your certificate
- Private lessons or small group lessons will be accepted as your teaching assessment submission
- Allow up to 4 weeks to receive feedback
- If there are areas of study that your mentor advises you to review, please take the time to do that before your second filming