



AERIAL AT THE AULD KIRK CLASSES INFO PACK

Open Aerial Silks Class

All Levels

thursdays

6:00pm - 7:15pm

This all-levels class welcomes students of every background, from complete beginners to experienced movers. Each student will progress at their own pace within a supportive group setting, with plenty of warm encouragement and peer support. Guided instruction will focus on both technique and creative expression, with opportunities for added challenges along the way. No prior aerial experience is required.

Is this class for me?

YES!

You do not need to be flexible enough

strong enough

young enough

You just need to be curious!

Come to a class and see . . .

Studio Culture

We believe movement is for everyone, and our space is designed to be supportive, inspiring, and inclusive. Our goal is to create an environment where everyone of all backgrounds and levels can explore aerial arts with curiosity, joy, and confidence.



About the Instructor

Sarah Bebe Holmes

Co-Founder, Co-Artistic Director International Aerial Theatre Company - Paper Doll Militia

Sarah Bebe Holmes has been performing, and teaching aerial since 2005. She leads aerial teacher training programs around the world and hosts retreats annually in Greece & Mexico. She is from the United States but has been living in various parts of Scotland since 2011 and is brand new to Ayr!



PRICES

Class Pack: 6 classes for £96 (£16/class)

Drop in Class Price: £25

Dates of Session 1: Thursdays

Class 1: October 2

Class 2: October 9

Class 3: October 16

-----NO CLASS October 23-----

Class 4: October 30

Class 5: November 6

Class 6: November 13

Cancellation Policy:

There are zero refunds for cancellations at any time for the classes. Please only book if you intend to come. If you need any alternative arrangements contact us to chat.

Are you ready?

BOOK HERE

If you have questions feel free to write to Sarah
paperdollmilitia@gmail.com

whatsapp or text to
07815 616 990

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